

*Writing  
on  
Water*





MOOJI

*Writing  
on  
Water*

Spontaneous Utterances,  
Insights and Drawings

Edited by  
Zenji and Manjusri



Yogi Impressions®



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WRITING ON WATER

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Dedicated to the  
Mooji Sangha Team  
Who serves with  
body, mind and Heart  
to share with the world  
the Truth they have discovered  
through Satsang  
~ Mooji



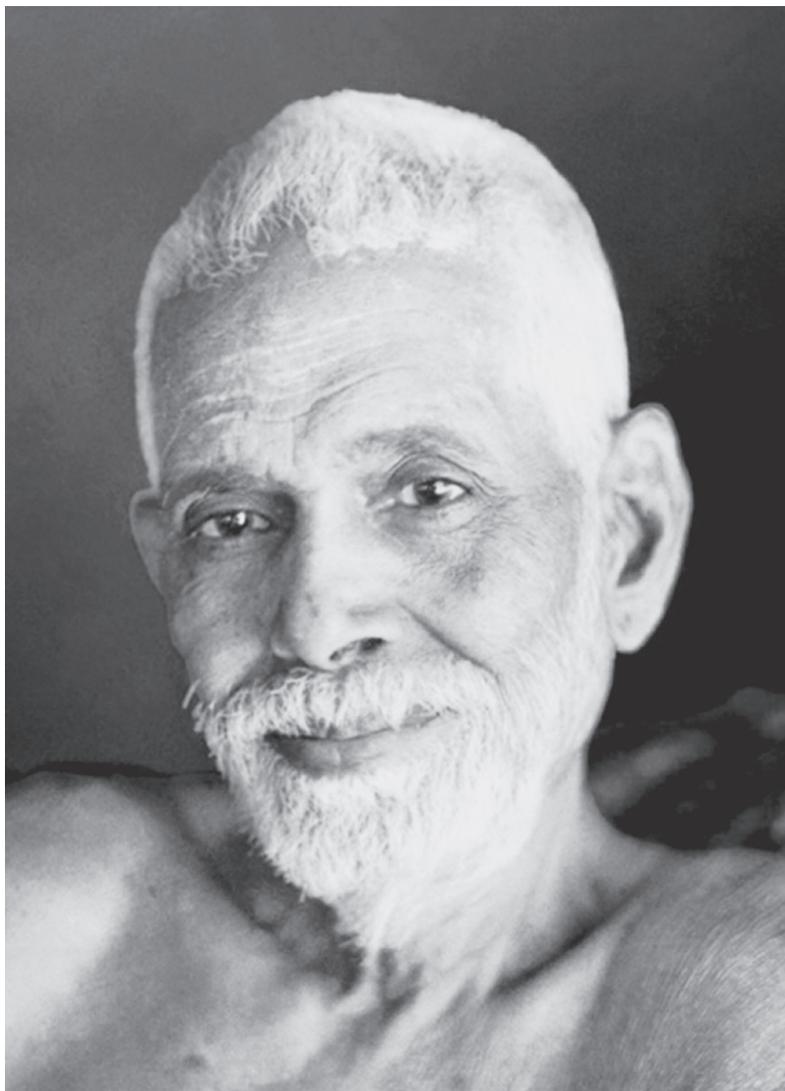


Prostrations  
at the feet of my Master,  
the embodiment  
of grace, wisdom and love;  
the light of whose presence  
dispels all doubts and delusion,  
thus establishing the mind  
in its original state  
—unborn Awareness.





Sri Harilal Poonja  
Beloved 'Papaji'



Bhagavan Sri Ramana Maharshi  
The Sage of Arunachala

# PREFACE

You hold in your hands a gem that could facilitate the direct experience of the mystery which is the foundation of the entire Universe. Here is an opportunity to know and become firmly established in that ‘knowing’—which is that you have always been the timeless and infinitely perfect Being.

Many speak of the Truth; few know it directly and fewer still have the capacity to reveal it. Mooji is one of those rare beings gracing this planet who not only is awake, but is also able to drive the mind back into its source through the authority of his words and presence. In this way he demonstrates a unique ability to release sincere seekers from the dictatorship of the egoic mind.

*Writing on Water* is a condensed ray of that warm effulgence that is Mooji. Contained within are golden nuggets of wisdom gathered over the past decade from Mooji’s notebooks, and from his private meetings and satsangs around the world. This book is also a treasure for its original artwork, which supports the written Truth. Mooji’s brushwork carries no intention to capture any known objects. It is an outpouring of creative joy. His drawings express the spontaneity and freedom consistent with life. It is the belief in the mind’s interpretations that limits and causes us to stray from the obvious Truth. One way out of this trap is to contemplate what Mooji shares and unswervingly points towards.

A broad-minded attitude is helpful in approaching this book. No matter what spiritual literature or teachings one has studied, living words of Truth will always be fresh and immediate. What follows is not offered for theoretical discussion or debate, or indeed to be taken blindly. Concepts in themselves are not fixed; they only appear that way when we confine ourselves to what feels familiar and move in an environment where assumptions are rarely challenged. Truth cannot be systemised into sanitised concepts, no concept being whole or original.

You are invited to dip your mind into this wellspring and allow your heart to fully imbibe the radiant wisdom gleaming from these pages.

*The Editors*



The whole point  
of these sayings is to leave your  
mind empty, not full.

If you go away with learning,  
you have missed the opportunity.

Satsang is not  
a teaching but a clarifying, so that  
true understanding may be reinstated  
and delusion dispelled.

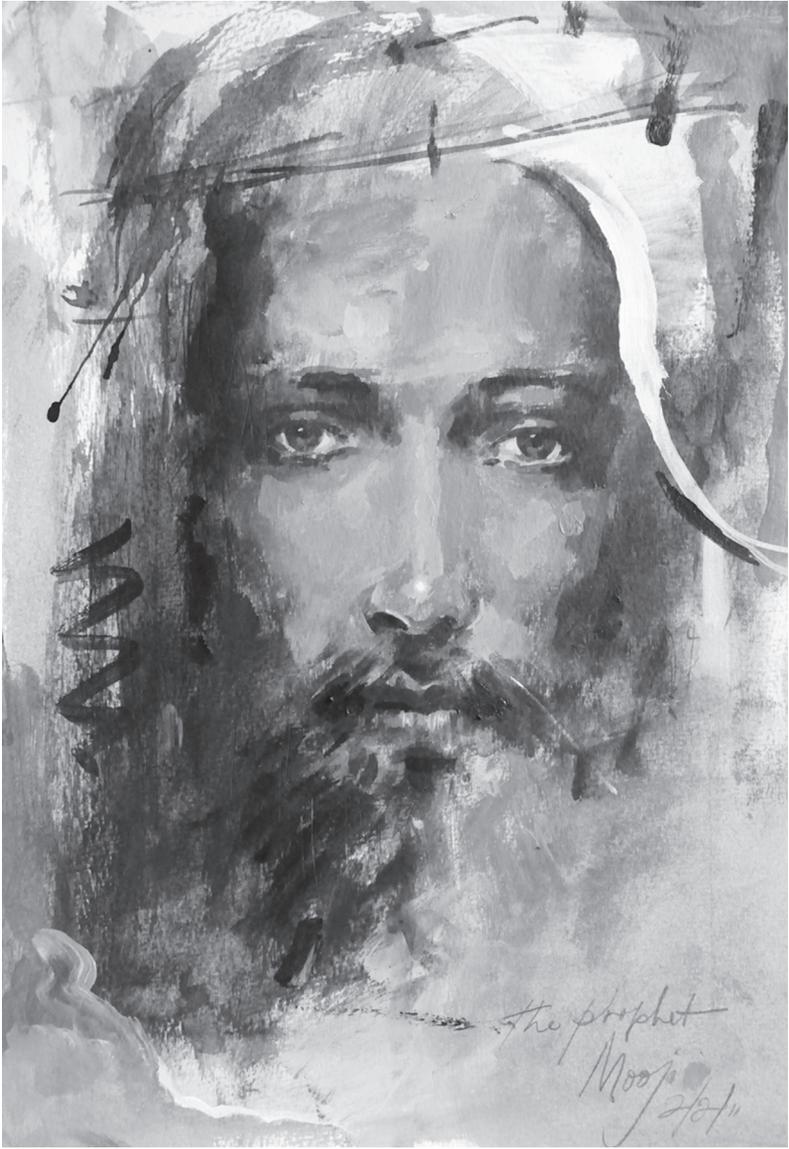






I am not  
a speaker nor a preacher.  
I have no mission  
to change the world. I have no original  
words or teachings to give anyone.  
I reflect only what I have experienced directly  
inside my heart, in the most natural way.  
I have no fascination for fresh ideas or activity.  
All enthusiasm for worldly endeavours  
and striving have all but gone.  
For me, thoughts, words and deeds  
—the activities of life— are merely the utensils  
for serving out the  
prasad of the Beingness.







Ultimately, it is freedom from  
even the concept of freedom that we seek.  
It is the end of striving.

We place our attention, our efforts,  
into becoming the best 'someone' we can be.  
That is the outcome of conditioning and  
it is natural and unavoidable  
till the truth is recognised and verified inside the heart.  
Evolving towards perfection  
is the whole story of humanity, but  
it is not freedom, not truth.

By all means  
live the highest expression you can. Change what you feel  
is not in service to your freedom and truth.  
Follow your heart's prompting but do not take  
the expression to be the embodiment  
or definition of the Self.

Enjoy, with gratitude, your life  
as a gift from life itself;  
as an expression of God; as the dance of the cosmos,  
while remaining within as the formless seer.

The sage looks in the mirror of existence  
at the image appearing as himself but he is not confused.  
He remains the unalterable Being shining  
inside the shrine of emptiness.



What hurts most is having to live as a 'me'  
instead of pure 'I'-awareness.



*What is a good disciple?*  
A master in the making.

*What is a master?*  
A successful disciple.



Conceptual spirituality  
has always been readily available.

What is rare, is Holiness  
—that which shines by itself  
when knowledge is swallowed  
inside the heart.



Beware! Experience emotions  
but don't become an emotional accountant.

The ultimate trick of the ego-mind  
is to slip behind the concept of the seer.  
It then says,  
'I'm not anything that appears.'  
Only the wise will detect its presence  
and root it out.



The Satguru's grace throws 'you'  
out of yourself and enters your absence.



Your self-image is as ephemeral as the play of  
light dancing on the surface of water.



As guests do not arrive at a restaurant  
bringing their own menus,  
do not come to life with your own  
list of requirements.

Who will be content  
with the meals that life prepares?

It is not  
merely mind-watching;  
but rather  
recognising That  
in which mind  
is watched.



Realising no concept  
has autonomy,  
leave mind as open space.  
Neither close any concept as fact  
nor take ownership of it.  
Most importantly, refrain from  
identifying with any idea  
however enticing.  
Thus, you will not limit  
your natural mind.

Self-inquiry  
does not improve the 'I',  
rather it exposes  
the 'I' as mere thought,  
and finally dissolves this 'I'-thought  
into its source.



Who is saying,  
I can't find the 'I Am'?

The 'I Am'  
is speaking this in its  
confusion as mind.

Even the label 'I Am'  
is not needed;  
you are the 'I Am' itself!

And you are That which the  
words 'I Am' point to.



The world is full of mad people.  
What is this madness?  
Pursuing the trivial and transient whilst  
overlooking the  
Jewel of non-dual Bliss.

A thought may arise,  
'It's okay now, but it is going  
to be different when  
I return to my daily life.'

Already you are  
anticipating your downfall.

Recognise this as thought.  
Feel its pull yet stay centred as  
the uninvolved observer,  
confirmed in the knowing:

this is untrue.



Although it is true  
that practices by themselves  
do not automatically  
lead to enlightenment,  
they do have an essential place.

Initially, they prepare  
the mind to be receptive to subtle truths.

Once ultimate understanding occurs,  
practice continues to assist  
in establishing the attention  
in the ground of Being  
and to ward off doubt towards  
what has been recognised  
in the heart.



*If you dip your finger in water,  
it trembles a little;  
when it is removed, the water  
becomes quiet again.  
This is the nature of water.  
Similarly, the nature of Being  
is such that if stirred,  
It returns to its natural stillness by itself.  
No help is needed.*

*But where there is the 'I-me' thought,  
the finger  
is always agitating the water.*

Rather than  
becoming involved  
with the scene,  
look for the seer.



When a real meeting  
happens between  
oneself and the Guru,  
both vanish.

Only the Satguru,  
the indivisible Self, remains.



One suffers not  
so much  
from the concrete world,  
but from mental noise.

Inner space is  
the natural resting place of all beings  
—it is our place of true meditation,  
stillness and love—  
when hidden, due to false identification  
with the ego,  
chaos comes into the world.

There is no 'thing' beyond 'I Am'.  
You, as 'nothing', are beyond 'I Am'.



Usually the questioner  
is not questioned.  
The questioner's question is  
the focus of attention.  
The majority of questions, being objective  
in nature, can be satisfied  
with objective answers in accordance  
with our mental tradition.

However, as soon as,  
'But who is the questioner?'  
is asked, an earthquake enters the mind  
and the false identity begins  
to deconstruct, giving way to the light  
of pure Being.

Truth,  
though non-dual,  
is not sterile.  
No need to force one's life into  
a flavourless existence.



Many are they who talk about  
'God', 'Spirit' or 'Consciousness' . . .  
Rare are those in whose presence  
this Truth is evident.



That which Is,  
doesn't look like anything.  
Mind looks like everything; every thing is mind.  
Self resembles nothing.  
No experience can be  
the measuring stick for the Self.  
So sublime, so beyond all imaginings  
and the thinking mind,  
is the Absolute Reality—that which we truly are.

Realising this,  
one moves from death into  
everlasting life.

Mind,  
once swallowed by the Heart,  
is burped up  
as silence and peace.



Death  
is one of God's great ideas,  
for the fear of extinction  
drives the mind  
to search for that which is undying—  
one's unborn Being.

Mind will  
always send you  
on a journey.



You are  
total unicity  
beyond duality.  
That you are.

You are  
so one with yourself  
that you cannot  
perceive yourself.  
You can only imagine  
that you are other  
than that.

Like a knife that  
can cut so many vegetables  
but cannot cut itself,  
or the scale which  
can weigh so many objects  
but cannot weigh itself,  
so it is with the one supreme Self  
—the sole Reality.

Being indivisible,  
it cannot perceive itself,  
it can only perceive  
what it is not.

The highest sadhana is  
when perceiving and being  
are one.



Be true to Love.  
Do not betray Her.  
Then, on the day  
that the forest of the mind  
bursts into flames,  
you will not run.  
You will remain silent and still;  
for this is when Love bears  
Her sweetest fruit:  
untouched Presence.



We are holding onto so much!  
We carry around so many memories,  
intentions and concepts  
in the pocket of the mind.  
Keep emptying your pockets.  
Some rare beings,  
seeing the futility of storing  
the worthless,  
simply rip out their pockets  
and throw them away!

I am not giving,  
finding or sharing Truth.  
I am Truth itself.



*Why do I feel so bound,  
so unfree?*

Because you are trained  
to believe it.



The doctor says,  
'You are going to die.'

This moment and message  
you will not forget.

The sage declares,  
'You are the Eternal.  
That will never die.'

The next moment  
you forget it.

How amazing is  
the delusion that holds this  
world spellbound!



*If the kiss of a lover  
can set you on fire,  
what will the kiss from God  
do to you?*

*Allow yourself to be  
truly kissed from within.*

*A kiss your mind  
can never give.*

Eternity is not endless time,  
eternity means timeless.



It is you  
who determine  
whether something  
happens or not.

It is an option,  
an appearance, not a fact.  
Without interest  
there is no registration  
—nothing ‘happens’.

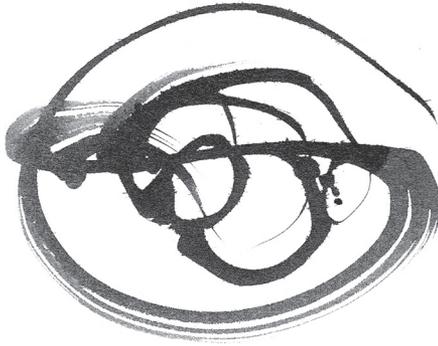
If you believe in and  
identify with a movement  
—there is a ‘happening’.  
Right there it begins writing  
itself into your memory.

Such is the nature  
and mechanism of the mind.  
Therefore, abide as  
Awareness only.



The ways of the mind are ancient  
but your Self is timeless.

God  
offers you bread.  
Don't ask for toast,  
make it!



What is it  
that cannot be altered or removed?  
How much distance stands  
between yourself  
and that which cannot  
be taken away?  
Only the distance of a thought.