

# ONE mag

ONE consciousness ONE universe ONE voice

ONENESS

FREE  
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INTRO TELECALL  
JOY OF TECHNOLOGY

## “SHIFT” Happens

3 QUESTIONS  
TO CREATE  
**THE LIFE  
YOU DESIRE**

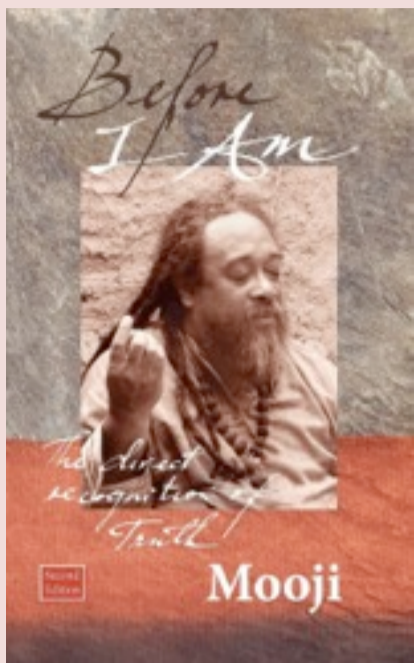
**ARE YOU  
AS YOU  
AS YOU CAN BE**

WHO IS  
**PANACHE DESAI**

**MOOJI**  
UNVEILING THE  
TIMELESS BEING



# Unveiling The Timeless Being



[Before I Am -  
The direct recognition  
of truth](#)

MOOJI

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Before I Am is a selection of dialogues between Mooji, a warm-hearted spiritual master, and seekers of peace, truth and freedom. This second edition expands upon the first with 100 pages of previously unpublished dialogues, fresh quotes, brush drawings and photographs.

*This article was written by:*  
**FENULLA aka FenSTAR &  
RAHIM HIRJI**

Rahim Hirji is a family physician from Toronto, Canada.

Fenulla aka FenSTAR is a singer/songwriter (for full bio and to listen to her music visit: [www.fenulla.com](http://www.fenulla.com))

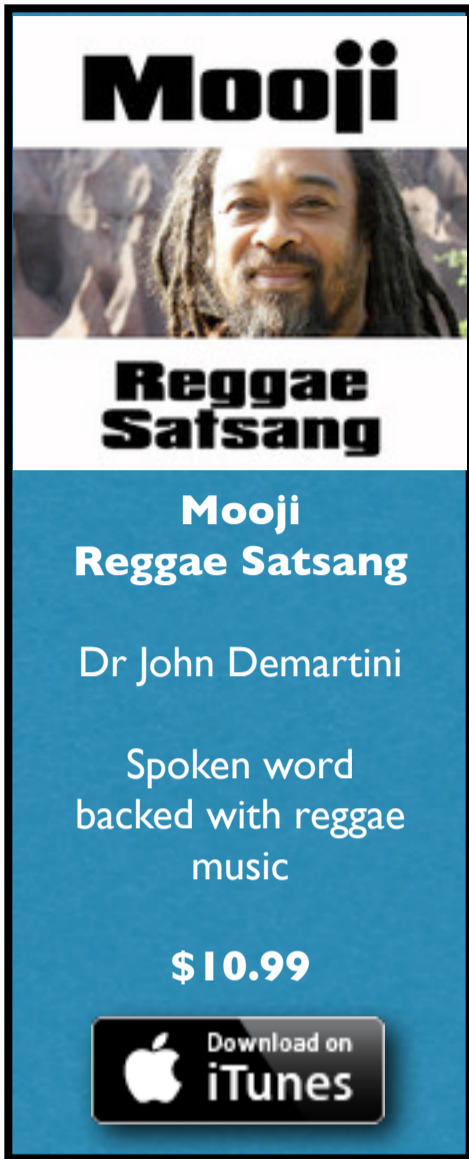


In Picture (left to right): Rahim, Mooji, and Fenulla (aka FenSTAR)

“All are already That, which is the plain and simple truth. You only have to be reminded of it. It is my joy to remind you of what you appear to have forgotten. The Buddhas, the Christs, the Shivas of this world are all inside your Self. It only requires an undressing of beliefs to be naked again. To be again established in our original Being. Don't keep picking up 'new' things. Stay empty. Complete this journey by fully understanding and being one with your true Self. Don't purchase the promises of the mind that maybe next day, next month or next year will be more auspicious to find it. It is ever here and now – timelessly. You may not be able to see it phenomenally for it is without quality and form. It is beyond time. But still you have the clear sense and recognition it is here and that it is not different from yourself – the uncreated, pure Being.”

~~ Mooji ~~ (Rishikesh, India, 17<sup>th</sup> of March 2013)

As we sit here finding words to capture the essence of our experiences while attending two out of five weeks of live Satsangs in Rishikesh, India, gratitude fills our hearts for the grace and blessings bestowed upon us in beloved Mooji's benevolent presence. Nothing could have prepared us for the greatest gift to enter our lives - Truth of our inmost Being. We were first introduced to Mooji in a synchronistic and Divine moment in Sedona, Arizona, when his name was mentioned and one of his YouTube videos from his past Satsangs was shared. In December 2012, an inner knowing and urge rose within to attend his



**Mooji**

**Reggae Satsang**

**Mooji**  
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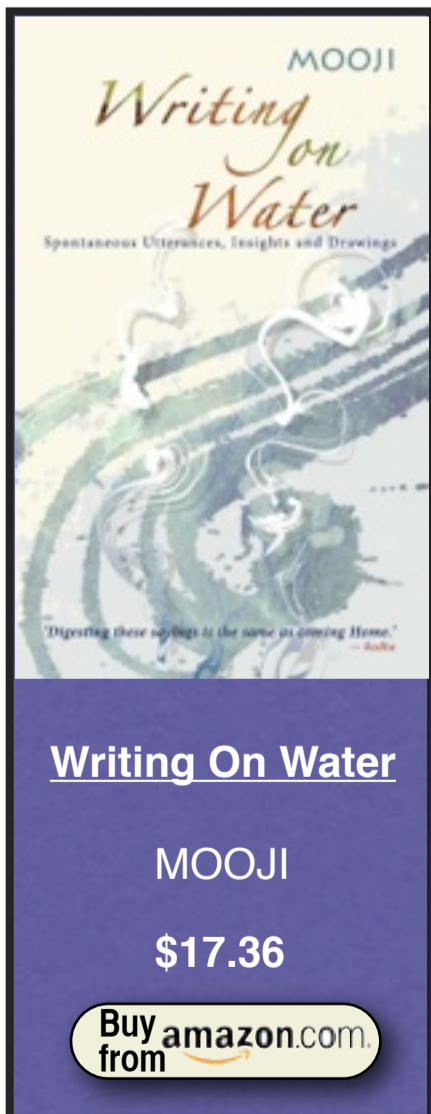
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Satsangs live and meet this pure Being whose light and radiance touched our hearts. When we came to know that he was going to be in India, and specifically Rishikesh, the holy city that we had longed to visit, it was clear that the universe was aligning the perfect opportunity. Excitedly, we booked our flights, found a hotel on the banks of the holy waters of Ganga, obtained our travel visas and, in a few short weeks, were off to Rishikesh.

When we arrived at the Ashram where the Satsangs were being held, a wave of peace and serenity filled our Being and we sat in silence with all the others (approximately 700 of them, from more than 10 countries) in quiet meditation and contemplation awaiting beloved Mooji. Shortly after 10am, he entered with a beaming smile and emitted a frequency of pure love that penetrated deeply; tears rolled down our faces in his physical presence and embrace. He scanned the room acknowledging every being and then welcomed us all and immediately we saw hands go up – these were people who had questions burning from within to ask him.

For those unfamiliar with Satsang, it is a sacred gathering for facilitating Truth and Self-discovery. Mooji clearly expresses that he is not here to teach but to guide, to point one towards, and to confirm not only what is true but who we really are. “Satsang is a gift for us all; it is a very clear mirror in which the infinite can perceive or experience itself non-phenomenally...Satsang is not a waiting room but the waking room.” Mooji encourages self-inquiry, which he calls an unsparing tool to discern the real from the unreal; one probes inwardly to find what is actually here as ‘I’, and in doing so, one’s true nature as pure, formless Being is revealed.



MOOJI

*Writing On Water*

Spontaneous Utterances, Insights and Drawings

“Digesting these sayings is the same as seeing Home.”  
— Anthea

**Writing On Water**

MOOJI

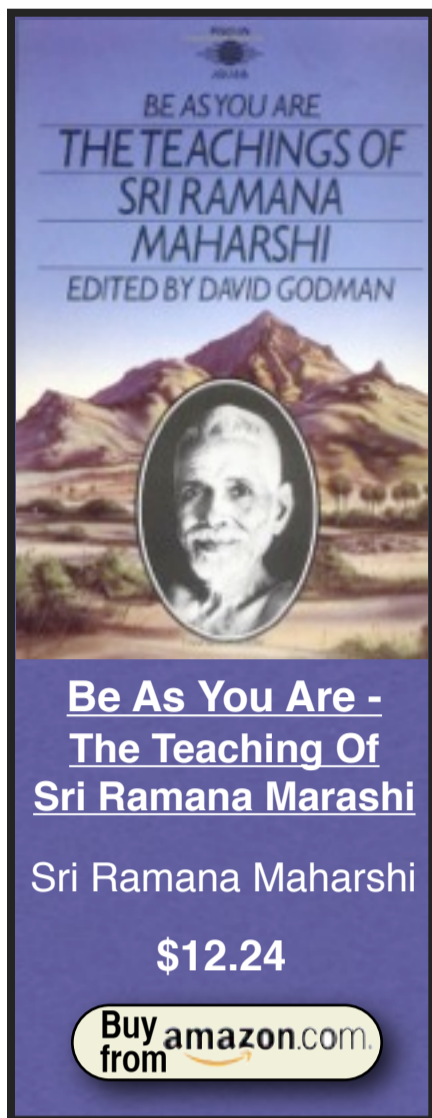
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We have become very conditioned, especially in the West, to use our minds to confirm knowledge. In Satsang, Mooji directs us towards the power of insight and intuitive spontaneity, reminding us that everything we perceive and know, including our sense of being a particular person, are mere appearances occurring inside the consciousness we are, which is not personal. He guides us to “meet life in the real adventure of openness as we’ve been walking in such tight grooves of conditioning...if Truth is what you are searching for, there is not a great deal that you need to know; there are perhaps one or two things at most that you need to clarify for yourself, after-which, you will be free from the hypnosis of conditioning and the negative influence of the ego mind.” After years of learning, reading books, acquiring tools and techniques, we came to realize that such approaches might not be sufficient in themselves to pave the path to enlightenment and direct realization of the pure Truth of our inmost Being. However, each experience on our journey has been a perfect unfolding leading to the deeper yearning that brings us to Mooji.

As we sat each morning with open hearts in an ever-expanding space, we soaked up the vibrant energy, the loving guidance and the pure wisdom pouring out of him. Through Grace, the power of Satsang created a stillness and expansion that facilitated the shedding of illusions and the stripping away all that is untrue, effectively clearing our “conceptual and spiritual noise.” Mooji also shares, “When you come to Satsang and you follow with mind and heart





what you are being pointed to, then the limiting concepts that you have held of yourself open and begin de-constructing. This leads to a heightened awareness which will quite naturally reflect in the way you experience life: your experiencing becomes more panoramic again, more open, vibrant and unpredictable.” He had us turn our attention away from the superficial identity to our timeless Being and we felt like we were both nowhere and everywhere at the same time, and yet an empty, beautiful, loving space remained.

Before coming to Rishikesh, we did not know the personal journey of this spiritually awakened, Self-realized Master. It actually didn't matter to us; his presence had a “pull” that transcended the worldly realm. However, when we did come to learn about his path, a deeper appreciation and connection resonated in our hearts. It was after our second live Satsang that an eager questioner asked Mooji how he came to enlightenment, to the realization of the true Self. Beloved Mooji openly shared his beautiful, personal, direct experiences from his early years in Jamaica, moving to London, to his synchronistic and auspicious meeting with a Christian mystic that inspired him to ‘walk out of his life’. Soon after, he was to discover the teachings of the great Indian Saint Sri Ramakrishna Paramahansa. This discovery was to inspire a trip to India. Soon after his arrival – in Rishikesh, in fact – he had a mystical encounter with beings who persuaded him to meet Sri H.W.L. Poonja, otherwise known as Papaji (a direct disciple of the Great Advaita and nondual Master Sri Ramana Maharshi). In Papaji, Mooji later came to recognize his own Master.

His journey was both fascinating and inspiring, reminding us that anyone, whatever their background, can come to the realization of the true Self. Self-recognition can spontaneously occur for reasons that are often untraceable— inexplicable. At any point during one's lifetime if there is an urge within the Heart to be merged with that timeless Truth, Grace will bring it about either by instilling the urge to inquire into the nature of reality, or through selfless action or devotion or surrender to the Supreme Being. Mooji expresses this beautifully, “Plunge into the ocean of your own Being...be ‘presence,’ rather than identifying yourself as a mere ‘person’.”

Although he wouldn't call himself anything, much less a comedian, Mooji is also the funniest Being we have ever met. If Truth is what you are looking for, Mooji so humorously puts it, “Truth is not in the marketplace handing out leaflets. Those in whose hearts the yearning and the urge for Truth arises, they will be satisfied.” Having the live Satsangs and also a blessed one-on-one meeting with beloved Mooji, we can confirm that he not only opened our hearts and pointed us to Truth of our inmost Being, but he also made us laugh and cry at the same time. His humor, infectious laugh and powerful story telling were uniquely expressed, delivering verbal gems that drew us deeper into a space not just of higher wisdom, but also of insight and clarity that unveiled our true timeless Being.

**To Connect with  
MOOJI**

**Mooji Weblinks:**

[Main Website](#)

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The internet broadcasts of Satsang with Mooji have been recorded and can be watched [here](#)

To find out when the next scheduled broadcast is [click here](#)

